

03 February 2022

**Dear Parents and Carers** 

#### Year 5 Camp - Lake Ainsworth

NB – In the event of the need to adjust the date of this camp, due to changing Covid regulations, we will notify parents as soon as possible.

It is with excitement that we can inform you of the details for the upcoming Year 5 Camp, which will again be held at Lake Ainsworth Sport and Recreation Centre in Northern New South Wales. Please read the following information carefully, **complete the online form required by the camp** and return the permission form below. We do ask that all children attend camp, as it is a wonderful opportunity for the students to strengthen friendship bonds, develop in resilience and leadership, as well as experience the array of opportunities available at Lake Ainsworth. Qualified camp staff and our Year 5 teachers will be supervising to ensure the safety and well-being of your child at all times. All your questions should be answered here, however, if you have any concerns or further questions, please do not hesitate to direct them to your child's teacher.

Dates: Wednesday 16 March - Friday 18 March 2022

Camp Address: Lake Ainsworth Sport and Recreation Centre, Lennox Head, NSW

**Phone Number:** (02) 6687 7168

Forms Completed by: Before Friday 18 February 2022

Time: The bus will leave promptly at 8.35am on Wednesday from school

Students MUST be at the Learning Plaza by 8.20am for roll marking Students will return to the Bus Bay Area around 2.30pm on Friday.

## What does my child need to bring?

Please pack sensible and practical clothing (no bare midriffs, singlets or short shorts/skirts). Please pack what your child needs into one bag and ensure you pack a couple of **plastic bags** for wet/dirty items. The children may also bring a book to read, a torch and no more than \$10 (optional for purchasing souvenirs) in a named sealed envelope. **Please ensure all items are clearly named or labelled.** 

## **Linen / Pillows**

**Students and Teachers must bring their own linen and pillows to camp** as we have removed these from our current service offerings to ensure the highest possible hygiene standards.

We recommend that students pack:

- 3 pairs of shorts
- 6 or 7 T-shirts
- 2 jumpers and tracksuit pants
- Jeans
- 6 pairs of socks and underwear
- Sunscreen and hat
- Swimwear and rash shirts (no bikinis)
- Two pairs of sneakers (one old pair for water activities)
- Water bottle

- Two towels
- Pyjamas
- Pillow and sleeping bag
- Day backpack
- Insect repellent
- Paper/pen/pencils
- Medications (if required)
- Soap/shampoo/deodorant (non-aerosol)



#### What should my child NOT bring to camp?

Please do not send mobile phones, electronic devices or jewellery. The children are **not** allowed to have lollies, bubblegum or chocolates of any kind.

#### What will my child be doing at camp?

Camp is a busy, fun and exciting time. During the camp, the children will participate in many activities such as high ropes, canoeing, bike riding and rock climbing. They will work together with their peers during these activities and learn new skills and team building. They will also be assigned duties in their cabins and dining room.

#### What if my child is on medication?

It is very important that you fill out the Medical Form clearly and accurately. This should include your Medicare number and your signature. This is vital if there is a need to access this information.

Our staff will administer medication as per pharmacist labels. You must fill out the school medication administration paperwork prior to Monday morning. Please send your class teacher an email to arrange an appropriate time, or go to student reception to do this. No medication will be able to be given unless it has a pharmacy label with the child's name and details about dosage, this includes Panadol and Nurofen.

All asthma puffers are kept with the children to be taken as needed.

## What if my child has a specific diet?

Please ensure that you complete the Medical Form explaining special dietary requirements. If you need to send food to camp it will be kept in the kitchen and the children will have full access to their food. If you have any further concerns, please don't hesitate to contact the camp or your child's teacher.

- 1) The camp requires all medical information to be completed before Friday 18 February 2022 using this link
  - https://officeofsport.ungerboeck.com/prod/emc00/register.aspx?eid=ZmV1MFkvL2x3TUpwUnBQNXZsZzBIQT090
  - (Please note Chrome is the preferred internet browser)
- 2) In addition, parents must also complete the On-Line Camp Permission form

We are looking forward to a fun and exciting time on camp. As we prepare, please pray for the safety and enjoyment of all involved. You are invited to join the **Calvarycc Year 5 Camp 2022** Facebook group to follow the experience. If you have any further questions, again, please do not hesitate to speak to your child's teacher.

Should you wish to further information about the camp, please feel free to look at the link below. https://sportandrecreation.nsw.gov.au/facilities/schools/parent

Kind Regards

Nelmari Claassen & Zoe O'Donnell Heads of Student Wellbeing



Permission: Year 5 Camp – Lake Ainsworth

# Please complete by Friday 18 February 2022:

- 1) Calvary On-Line Permission Form and
- 2) Lake Ainsworth On-Line Medical Form

# **How to complete online Calvary permission form**

- 1. Log into parent portal. The link can be found in the parent section of the college website or the college app.
- 2. Navigate to "Events and Payments"
- 3. Find the Event named **Year 5 Camp** and complete the following by selecting the relevant check boxes:
  - a. Accept Terms and Conditions
    - "Please do not send mobile phones, electronic devices or jewellery. The children are **not** allowed to have lollies, bubblegum or chocolates of any kind."
  - b. Accept Medical details (or update if necessary)
  - c. Accept Cost "\$0".
- 4. Select "Save".