



4 February 2022

### **Before School Running Club – Term 1**

Dear Parents / Carers

To enhance student's knowledge, understanding and participation of Physical Education at the College, we would like to offer students in Year 1-6 the opportunity to attend before school running club. Running club will take place on **Tuesday mornings, 7.30-8.15am**. There is no cost to participate in this club.

Students may want to wear comfortable attire for running including footwear. Students must change into their appropriate school uniform for school attendance.

Running club is for students who are interested in running and committed to running to compete. The focus for Term 1 will be middle and longer distance running in preparation for Cross Country in Week 9.

**Running club is open to students from Years 1-6** and activities are scaled to suit the various levels of students participating.

Unfortunately, at this current time, due to Covid Restrictions we are unable to have Parent Helpers attend. The college may review this, should the Government directions change.

Running Club will commence **Tuesday 15 February 2022**.

Running club will meet on the oval of the Springwood Campus, unless directed otherwise. Cancellation of running club due to inclement weather will be communicated via the Springwood Junior School Facebook Group either the night before or on the morning of the club.

Please also bring a water bottle and a light snack to eat after the club.

#### **Registration**

Please register your student via the Google Form link: [Before School Running Registration](#) (One form per child.)

This form will close on Monday 28 March 2022. Expressions of interest after this date can be emailed to administration, [spr.administration@calvarycc.qld.edu.au](mailto:spr.administration@calvarycc.qld.edu.au)

Yours faithfully

Clara Needs  
**PE & Sports Coordinator**

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